

THE HABIT OF TRAVEL

Framework Itinerary Worksheet

Structure your trip. Keep it flexible. Travel beautifully.

1. Trip Overview

Destination(s):

Dates:

2. Anchor Points (Must-Dos)

These are your non-negotiables, the things you plan your trip around.

3. Travel Flow

Map your main route and transportation

City/Stop	Transportation Type	Notes

4. Daily Framework

Plan your days in categories - not by the hour

Day	Location	Nights

5. Flex Days

Build in buffer days for spontaneity, rest and travel delays

6. Notes

Anything you want to remember, pit stops and places of interest
