

THE HABIT OF TRAVEL

Framework Itinerary Worksheet

Structure your trip. Keep it flexible. Travel beautifully.

1. Trip Overview

Destination(s):

Dates:

2. Anchor Points (Must-Dos)

These are your non-negotiables,
the things you plan your trip around.

3. Travel Flow

Map your main route and transportation

| City/Stop | Transportation Type | Notes |
|-----------|------------------------|-------|
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4. Daily Framework

Plan your days in categories - not by the hour

| Day | Location | Nights |
|-----|----------|--------|
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5. Flex Days

Build in buffer days for spontaneity,
rest and travel delays

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6. Notes

Anything you want to remember,
pit stops and places of interest
